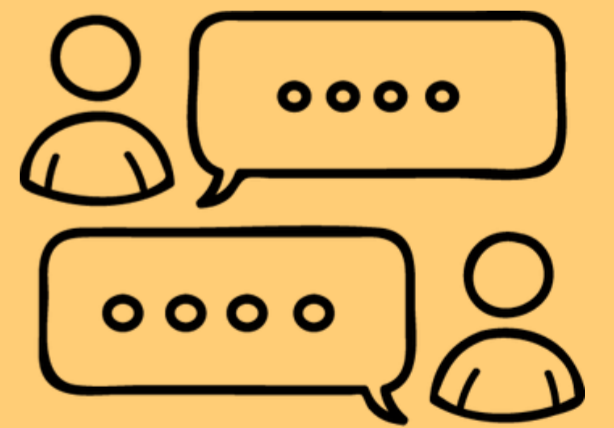
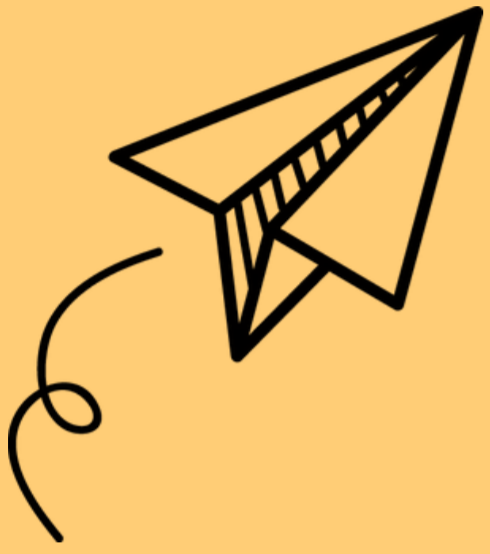


THE YOUNG LIVES FOUNDATION

A-Z FUNDRAISING IDEAS





THE YOUNG LIVES FOUNDATION

A-Z FUNDRAISING IDEAS

Fundraising can be a fun way of helping YLF to make a difference to the lives of those young and disadvantaged people we work with.

We are always looking for passionate groups or individuals to challenge themselves and raise vital funds to support our work.

So whether it's arranging your own fundraising event or taking part in an organised event, we will support you along the way and you'll have great time while you're doing it!

There are many more ways than those that we have suggested that you could use to fundraise for us.

You could fundraise by using your talents, facing your fears, or pursuing your hobbies or interests. Engage your network of friends to help us carry on making a difference to young people. It can be really rewarding too!

We look forward to hearing about your idea and hope you join us soon!

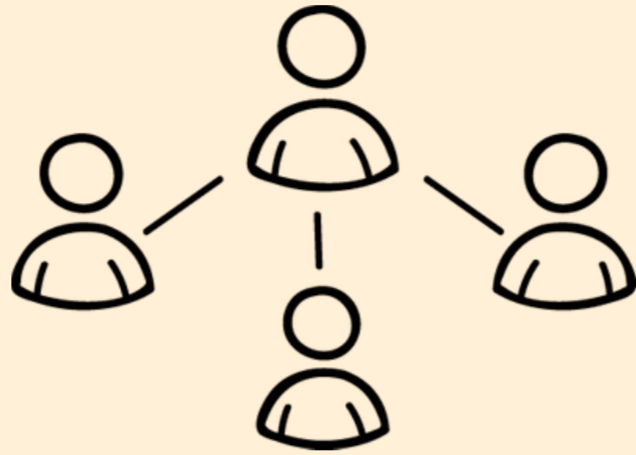


For more information or to get involved, please contact

Karen Knight, Fundraising Manager on:

01622 693459 or email karen.knight@ylf.org.uk

A Assault Course
Afternoon Tea
Abseil
Auction



B Bake Off
Bungee Jump
Bowling Competition
Bingo

C Cycling
Carol Singing
Comedy Night
Coffee Morning
Cinema Screening

D Disco
Dine With Me
Dress-down Days
Dog Walking



E Easter Egg Hunt
Exhibitions
Ebay shop

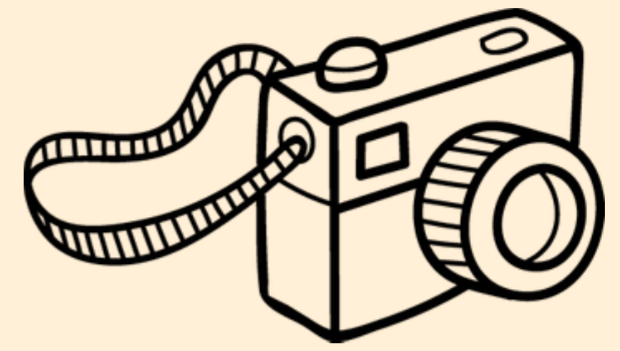
F Football Match
Fitness Challenge
Fancy Dress Day



G Golf Day
Grow Your Beard
Girls night in



H Head Shave
Hiking
Halloween Party



I Ironing
It's a Knockout Challenge
International themed evenings

J Jazz night
Jumble Sale
Jog
James Bond themed evening

K Karaoke
Keep Fit
Knitting



L Loose Change Collection
Ladies Who Lunch
Line Dancing
Local Challenges in Kent

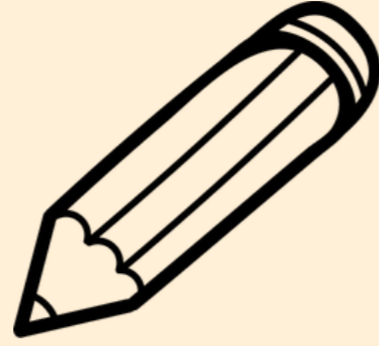
M Murder Mystery Night
Marathons
Music (and mulled wine) evening
Movie Night

N Non-Uniform Day
Nature walk
Netball Tournament
No makeup selfie



O

Onesie Day
Office Olympics
Obstacle course
Odd Job Day



P

Paintballing
Pancake Day
Pamper evening

Q

Quiz Night



R

Running
Raffle
Race Night
Recycle Goods

S

Swimathon
Sweepstake
Skydive
Sponsored Silence

T

Trek
Tea Party
Tug-of-war



U

University Challenge
Unusual Clothes Day

V Variety Show
Valentine's Day Singles Party
Volleyball Match



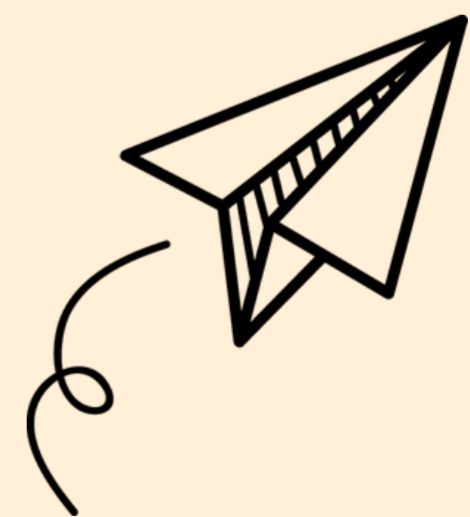
W Waxing
Wine Tasting
Wing Walking

X X-Factor Competition
Xmas Cards & Fairs
Xbox Tournament



Y Yoga marathon
Year-long Challenge

Z Zumba-thon
Zip Wire



HOW TO CONTACT US:



COMMUNICATIONS AND FUNDRAISING TEAM

DIRECT LINE: 01622 235493



01622 693459



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