



# WE CAN SUPPORT YOU IF YOU ARE:

- In care
- A Care Leaver
- A Child in Need
- Or if you have a Child Protection Conference or Family Group Conference

[WWW.YLF.ORG.UK](http://WWW.YLF.ORG.UK)

[ADVOCACY@YLF.ORG.UK](mailto:ADVOCACY@YLF.ORG.UK)

# CALL US TODAY ON:

**0808**

**164**

**0096**

**YOUNG PERSONS FREE PHONE NUMBER**

**OFFICE NUMBER:**  
01622 683815

# ADVOCACY

## HELPING YOU TO GET YOUR VOICE HEARD



**Young Lives Foundation**  
t. 01622 693459 | e. [enquiries@ylf.org.uk](mailto:enquiries@ylf.org.uk) | [www.ylf.org.uk](http://www.ylf.org.uk)  
[facebook.com/ylf.org.uk](https://www.facebook.com/ylf.org.uk) | [twitter.com/ylfcharity](https://twitter.com/ylfcharity)

The Young Lives Foundation is a company limited by guarantee with charitable status. Registered in England & Wales Company No 5999166. Registered Charity No 1119528



# WHAT IS AN ADVOCATE?

## SOMEONE WHO CAN...

- Help get your views across
- Give you information about your rights and entitlements
- Help you have a say in decisions made about your life

## ADVOCACY IS ALWAYS...

- Independent - This means we are separate from all other professionals and work just for you
- Confidential - We don't pass on any information unless you tell us that it is ok (unless we are worried that you or someone else may not be safe)

## HOW CAN WE HELP YOU?

- Support you at meetings
- Help you write letters or emails
- Help you understand your rights and entitlements
- Help you make a complaint if you're unhappy about something
- Try to help resolve your problems

## ADVOCATES CAN...

- Meet you face to face
- Help over the phone
- Text or Email you
- Whichever you feel most comfortable with

