

SPORTS & GAMES

ARTS & CRAFTS

TRIPS

COOKING

MUSIC & DANCE



BECOME A LEGEND – JOIN US!

Want to join our weekly groups and not miss out on all the fun? Give our teams a call on the numbers below or chat to us on social media!

Medway Team

Lucy Wheatley | 07841 014701
Lucy Newsome | 07525 590253

Gravesham Team

Matthew Johnson | 07841 749076

Sittingbourne Team

Denise Ramadan | 07808 772904

Thanet Team

Lisa Mulumemui | 07936 349128


CHAT TO US ON SOCIAL MEDIA!

 @LegendsYLF

 @LegendsYLF


 @LegendsYLF

OR CONTACT US BELOW...

 01622 693459

 legends@ylf.org.uk

 www.ylf.org.uk/legends

 71 College Road, Maidstone, ME15 6SX



LEGENDS
programme



LEGENDS PROGRAMME



Legends is provided by The Young Lives Foundation.
A company limited by guarantee with charitable status.
Registered in England and Wales Company No 5999166. Registered Charity No 119528

THE LEGENDS PROGRAMME:

Welcome to the Legends Programme!

Legends is a structured activity programme providing a fun, supportive and safe setting for young people to engage in new exciting opportunities and experiences. Aimed at 7-17 year olds, Legends supports with the development of new skills whilst building confidence and resilience.



There is a range of activities that can vary from weekly games and challenges held in our different Youth Hubs to excursions out and about in the community such as trips to theme parks, residential trips away, water sports and so much more!



These trips give young people the opportunity to push themselves out their comfort zone and try something new, all whilst making new friends and developing new skills!



WHAT WILL I DO?

Once signing up to become a Legend, you will attend a regular youth group at your nearest hub. These groups meet at various times and locations so make sure you check out which group is the right one for you!

Each hub runs their own specialised programme which focuses on developing life skills such as cooking, healthy eating and budgeting - all in a fun way! In addition, you can contribute to the design and planning of the programme, enabling you to develop planning and organisational skills.

You will also have the opportunity to attend day trips out to places of your choice! This could be to a cinema, bowling alley, water park or theme park - you decide! Once a year the hub groups unite for a residential trip, giving you the chance to meet even more young people and make even more friends.

Legends can also offer you educational opportunities to complete ASDAN courses and Arts Awards - all great for your CV!

Once you have reached the age of 18 you will graduate from the Legends programme at the official graduation ceremony. You will be given a special goodie bag ready for your next adventure! Although you will no longer be able to attend the groups as a young person you will always be welcome to come back and volunteer!

HOW CAN I BECOME A LEGEND?

Become a Legend - Join us!

If you are between the ages of 7 and 17 and want to get involved, then you can:



Talk to your carer/parent and ask them to contact us using the information on the back of this leaflet

Speak with your social worker or a support worker and ask them to contact us

Contact your local Hub Team using the information on the back page



Then send your completed referral form by email to us: legends@ylf.org.uk



We hope to see you join us soon!

**BUILDING CONFIDENCE,
SKILLS AND RESILIENCE
THROUGH AN ACTIVITY
PROGRAMME OF EXCITING
EXPERIENCES**