A newsletter for all young people in care in Medway brought to you by Medway's Children & Young People Council



STAY IN TOUCH AND UP TO DATE



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mcypc channel



@mcypc1



@mcypc





MCYPC squad here bringing you the latest news in the world of MCYPC!

Spring - a time for lambs, Easter eggs, nice weather but most importantly some amazing upcoming MCYPC updates * and events...! Also - a blast from the past event is coming back... watch this space! mcypc@ylf.org.uk.

Sophie | Participation Apprentice



Inside this issue:

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- WHAT HAVE WE BEEN UP TO?
- WHAT'S COMING UP
- A MESSAGE FROM THE **FOSTERING TEAM**
- WANT TO GET **INVOLVED?**
- WORDSEARCH
- **JOIN US**





Upcoming Football Match fun!

We are excited to be bringing back our MCYPC VS Medway Council Football Match very soon! Teams for all ages! Keep reading to find out more..



WHO ARE WE?













LEGENDS YOUTH PROGRAMME



MEDWAY YOUTH GROUPS

- An engaging and vibrant activity programme for young people in care aged 7-17 years! Activities are chosen by our young people and range from cooking and money management to kayaking, climbing, theme parks and much more! We meet at various times and locations across Kent and Medway throughout the year.
- Want to join us? Contact us directly to get involved or anyone known to you can contact us on your behalf, including carers, professionals and teachers.
- To get involved contact our Legends Team: legends@ylf.org.uk or the Legends Manager: 07841 014701

MCYPC

MEDWAY CHILDREN & YOUNG PEOPLE COUNCIL (MCYPC)

- What is the MCYPC? MCYPC stands for Medway children and young people council, and supports children and care leavers up to 25 years old. We are here to help you to have your voice heard and make positive change to the care system. Being a part of the MCYPC is also a chance to make friends, have fun and share issues with other young people in similar situations.
- There's lots of ways to get involved...you can pick and choose whatever works for you! Anything from completing online surveys, attending activity sessions, joining virtually online and workshops or even meeting directly with the bosses of Medway Council!
- How to become a MCYPC Change Maker Champion? We are a friendly group who meet every school holiday, do fun activities, make friends, eat delicious food, and most importantly make positive change to the children's services. All you need to do is commit to attending 4 out of 6 meetings throughout 2023 and you will receive a £30 gift voucher of your choice, priority place on activities, a MCYPC hoodie/drinks bottle, certificate of recognition and be featured on our website and socials as a change maker champion for MCYPC (if you would like to be.)
- Our MCYPC members have lots of great experiences, including speaking to the Children's Commissioner, delivering training to Medway social workers, Time To Shine Awards event, visiting the Houses of Parliament and beating Medway professionals in a football match at Priestfield Stadium! Check out our blog for the latest news from the world of MCYPC: https://ylf.org.uk/category/mcypc/
 - Want to join us? Contact us directly or ask someone to contact us on your behalf at: mcypc@ylf.org.uk or Ellie.Fiore@ylf.org.uk

























WHAT HAVE WE BEEN UP TO?

HALF TERM HAPPINESS...



MCYPC and Legends have teamed up in February half term to provide you fun new activities & skills. They went to Ninja Warrior, made homemade Nando's, challenged themselves to a Street Dance workshop and also went to help design a new children's home.

During the children's home activity, young people snagged the home and walked round in teams deciding what they think other young people will like for example; a creative room, more colours, more pictures!

To read more on this contact mcypc@ylf.org.uk for pdf of our report

EAST HALF TERM ACTIVITY FUN!

MCYPC and Legends took a dive and went to the Sea Life centre in London!

Sea Life has lots of different fish and animals even cute little penguins.

Young people explored the largest sensory jelly room in Sea Life!

They learnt independent travelling skills on train lines and navigating the tubes.

Our junior Legends and MCYPC members took a trip to London to explore careers. Our young people were practicing a Police career at Kidzania in London.

Our Legends Manager Lucy found herself locked up!
We played a football match, learnt to patrol with the Police, practiced fine drawing as an artist, learnt some new languages at Uni and even tested their skills as a vet!



FINALISTS AT PRIDE OF MEDWAY AWARDS!



Ellie, Sophie & Lucy were honoured to be finalists at the Pride in Medway Awards for 'Their exceptional contribution to the Medway Community!'

On the evening we were in the presence of some local heroes and it was amazing to hear lots of incredible stories from the other finalists and even a chance to catch up with our Community partner Emma from The Hygiene Bank.

It was a great evening for all and a nice chance to get dressed up and enjoy a delicious roast dinner and chocolate cake for pudding!

We even had the chance for a photo with Mr Maker from CBeebies!

WHAT'S COMING UP?

MCYPC COUNCIL MEETING



We have recently had our MCYPC Council meeting. This is when our Change Maker Champions get together and have your voices heard to make positive change to the care system.

This time we met with Medway professionals who wanted to hear the views of our change makers on different areas.

- 1 Discuss young people's views on the forms they complete with professionals Ideas on what new skills they would like to learn
- from the Work to Grow Ambassadors

 3 To talk with the MCYPC members on how best to use the

We ended the meeting with social time and PIZZA!!

FOOTBALL MATCH

We are excited to be bringing back our Professionals vs Young People Football Match. This was a popular event pre-covid and we are excited to be bringing this back in 2023 bigger and better than ever!

If you would like to be involved please register your interest by scanning the barcode...





UNIVERSITY EXPERIENCE FUN DAY



We are excited to be heading to University of Kent in the May half term for a fun day! Young people will have the opportunity to take part in fun Science experiments, a chat with Care Leavers currently studying at the University, a tour around the campus, some insight into the opportunities for higher education and lunch provided!

If you are interested in coming along to this please contact mcypc@ylforg.uk



A message from the Medway fostering team...



Medway Council Fostering team are inviting Care
Leavers to come and speak to prospective foster
carers at our Fostering events and courses which
we run. The aim of these events are to help
foster carers understand what it is like to live
with a foster family and to share their
experiences.

We are also inviting Care Leavers of our fostering service to participate in sharing their experiences of fostering, and share their life skills by volunteering their time in mentoring our children and young people.

Our priority remains; to improve the stability of placements and the care experience for children and young people in Medway by ensuring that wherever possible, you receive the best start in life so you can reach your full potential within a foster family environment.







Telephone: 01634 335726

Email: fcrecruitment@medway.gov.uk

Website: www.medway.gov.uk

#FosterforMedway
#FosterWithYourCouncil2023



WANT TO GET INVOLVED?

BECOME A CHANGE MAKER CHAMPION



The MCYPC have exciting new opportunities for young people to become 'MCYPC Change Maker Champions'!

We are looking for 13 young people to join us and help make positive changes for Medway care experienced young people.

To be an MCYPC Change Maker Champion you must be:

~ Aged between 7-24 years ~

- ~ A Medway Looked after young person or Care Leaver ~
- ~ Willing to come along (in person or virtually) to a minimum of 4 of our Change Maker activity sessions in 2023 (dates to be confirmed) ~

All of our Change Maker Champions will be supported by Sophie, a care experienced young person who leads the MCYPC with the support of Ellie, our Participation Coordinator at YLF.

Together with Sophie and Ellie, MCYPC Change Maker Champions will decide what activities you would like to do in 2023, how you would like to share your wishes and views about issues affecting you and others in care, and help plan events like the Time to Shine Awards and Summer BBQs.

REWARDS!!

I have found my voice and now know about self advocacy

Being listened to, being supported with the decisions in which i make (apart from the ones that aren't good for me), being accepted for me and showing me love and respect



Being a change maker champion has made me feel apart of something and meet people like me. We make change for the better All of our Change Maker Champions will receive:

- Priority place on all YLF Legends activities (theatre trips/ice skating/summer residentials/meals out etc)
- MCYPC Hoodie and Drinks Bottle
- A £30 gift voucher of your choice (when you have attended 4 sessions)
- Free food and drinks supplied at activity sessions
- Certificate of recognition
- Reference for future employers
- Featured on our website and socials as a Change Maker Champion for MCYPC! (only if you want to be)



WORDSEARCH



Find the words and write them.









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Join Us!









MEDWAY CHILDREN & YOUNG PEOPLE COUNCIL





JOIN US TO HELP HAKE PUSITIVE CHANGES FOR ALL MEDWAY CHILDREN IN CARE & CARE LEAVERS











CONTACT US



O 1622 693459



MCYPC@YLF.ORG.UK



YLF.ORG.UK/MCYPC



















